



FEDERICO RUZZA

Role

Lock

D.O.B.

04/08/1994

Nationality

ITALIAN

Height

198 CM

Weight

113 KG

Club

Benetton Treviso

CAPS (as captain)

57 (1)



[visit Federico Ruzza page on SPA website](#)

CAREER

2026/2027	○	Benetton Treviso (URC Championship + Challenge Cup)
2025/2026	○	Benetton Treviso (URC Championship + Challenge Cup)
2024/2025	○	Benetton Treviso (URC Championship + Champions Cup)
2022/2024	○	Benetton Treviso (URC Championship + Challenge Cup - Semi final vs Toulon 2023 and vs Gloucester 2024)
2021/2022	○	Benetton Treviso (URC Championship + Challenge Cup)
2020/2021	○	Benetton Treviso (Guinness PRO14 + Challenge Cup) - Rainbow Cup Winner
2019/2020	○	Benetton Treviso (Guinness PRO14 + Champions Cup) - Starter
2018/2019	○	Zebre (Guinness PRO12 + Champions Cup)
2017/2018	○	Zebre (Guinness PRO12 + Challenge Cup)

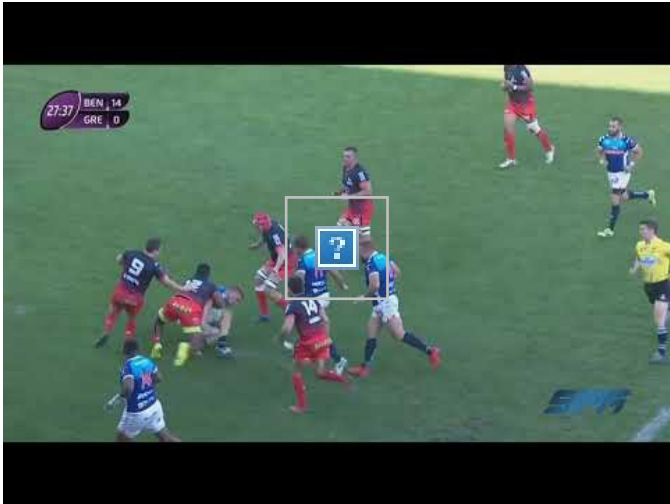
2016/2017	○	Zebre (Guinness PRO12) - Permit player Rugby Viadana 1970
2015/2016	○	FIR National Academy

INTERNATIONAL ACTIVITY

2026	○	Italy (6 Nations - winners vs Scotland and England)
2025	○	Italy (6 Nations + Autumn Nation Series + Summer Series)
2024	○	Italy (6 Nations + Autumn Nation Series + Summer Series)
2023	○	Italy (6 Nations + Rugby World Cup France 2023 + Summer Series)
2022	○	Italy (6 Nations+ International tests)
2021	○	Italy (Rugby World Cup Japan + 6 Nations + International tests)
2020	○	Italy (6 Nations + Autumn Nation Series + Summer Series)

2019	○	Italy (6 Nations + Autumn Nation Series + Summer Series)
2018	○	Italy (6 Nations + Autumn Nation Series + Summer Series)
2017	○	Italy
2016	○	Italy u.20

HIGHLIGHTS



CONTACT US

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