



FEDERICO RUZZA

Role

Lock

D.O.B.

04/08/1994

Nationality

ITALIAN

Height

198 CM

Weight

113 KG

Club

Benetton Treviso

CAPS (as captain)

57 (1)



[visit Federico Ruzza page on SPA website](#)

CAREER

2025/2026	○	Benetton Treviso (URC Championship + Challenge Cup)
2024/2025	○	Benetton Treviso (URC Championship + Champions Cup)
2022/2024	○	Benetton Treviso (URC Championship + Challenge Cup - Semi final vs Toulon 2023 and vs Gloucester 2024)
2021/2022	○	Benetton Treviso (URC Championship + Challenge Cup)
2020/2021	○	Benetton Treviso (Guinness PRO14 + Challenge Cup) - Rainbow Cup Winner
2019/2020	○	Benetton Treviso (Guinness PRO14 + Champions Cup) - Starter
2018/2019	○	Zebre (Guinness PRO12 + Champions Cup)
2017/2018	○	Zebre (Guinness PRO12 + Challenge Cup)
2016/2017	○	Zebre (Guinness PRO12) - Permit player Rugby Viadana 1970

2015/2016



FIR National Academy



INTERNATIONAL ACTIVITY

2026



Italy (6 Nations - winners vs Scotland and England)



2025



Italy (6 Nations + Autumn Nation Series + Summer Series)



2024



Italy (6 Nations + Autumn Nation Series + Summer Series)



2023



Italy (6 Nations + Rugby World Cup France 2023 + Summer Series)



2022



Italy (6 Nations+ International tests)



2021



Italy (Rugby World Cup Japan + 6 Nations + International tests)



2020



Italy (6 Nations + Autumn Nation Series + Summer Series)



2019



Italy (6 Nations + Autumn Nation Series + Summer Series)

2018



Italy (6 Nations + Autumn Nation Series + Summer Series)



2017



Italy



2016



Italy u.20

HIGHLIGHTS



CONTACT US

www.sportsproagency.com

f.damiano@sportsproagency.com

+39 347 297 9682